

Infrared Thermal System Information.

This is the most beneficial infrared treatment for your health, giving you benefits such as - helping you to get fitter and healthier whilst using significant amounts of calories.

This is all achieved by using an infrared thermal system on a regular basis.

This type of infrared thermal system has produced brilliant results which have been reported by many doctors and scientists in the USA and Japan.

The following health problems have been particularly benefited by regular use of infrared thermal systems,

Arthritis
Backache
menstrual pain
muscular cramps
rheumatoid arthritis
low blood pressure and bronchitis.

These and many other health problems have been improved by infrared therapy. It is therefore considered that a radiant heat infrared cabin can be an essential part of any programme for staying healthy.

A session in our Infrared Sauna is a totally pleasant and rewarding experience with the user able to select whatever temperature they wish their bodies to be, without the discomfort of the air being too warm. This is because the emitters in the Cabin heat up the person rather than the air with 80% is converted to heat within our bodies.

Our infrared thermal system also has a very low E.M.F. (Electromagnetic Field) output with a near and far infrared mix to ensure you receive the best Infrared treatment to Detox your body whilst relieving aches and pains and giving you positive help with weight loss. (E.M.F output is the energy which radiates from manmade electrics and electronic equipment i.e. mobile phones, tv's and microwaves to name a few.)

You, the customer wishing to use an Infrared Thermal System for health reasons should only consider one with a very low E.M.F. output. Our Infrared Cabin emitters have been designed and manufactured to fully comply with the EEC electromagnetic compatibility directive. They have an extremely low E.M.F. output. With the benches and backrests designed to give you a nil E.M.F. reading at your skin surface

"Medical practitioners make use of infrared Radiant heat to treat sprains, strains, bursitis, peripheral vascular diseases, arthritis, and muscle pain." – McGraw/Hill Encyclopaedia of Science and Technology